ATHLETES GUIDE

TRIATHLON 2018

Kalmar
Sweden

FISU World University Championship

1st of September & 2nd of September 2018
Welcome to the 14th FISU World University Championship in Triathlon
FISU, Swedish University Sport Federation, Swedish Triathlon Federation, FIKS, Kalmar RC, Linnaeus University and Destination Kalmar has the honor of organizing the FISU World University Championships in Triathlon of 2018. Triathletes from around the world will be welcomed to our beautiful city to enjoy the friendly atmosphere in Kalmar: with facilities, accommodation and race venue of absolute top quality. This year edition has also the honor of introducing the mixed team super sprint in the schedule on Sunday.

This athletes guide is set to provide athletes, coaches and heads of delegates with important information regarding the WUCTRI Kalmar event. You may always find printed examples of athletes guides at the info desk located at Kalmar Stadshotell. During the WUCTRI 2018 information and media will be constantly updated on our various social networks; feel free to share statuses, identify yourself and spread the #KALMARFEELING!

The Organizing committee, sponsors and all volunteers are happy to welcome you to Kalmar, 1-2 September!

DESTINATION KALMAR
Linnaeus University

Framåt för fler i rörelse!

CALMAR STADSHOTELL
SWEDISH TRIATHLON FEDERATION
Table of content

Welcome to the 14th FISU World University Championship in Triathlon ........................................1

Welcome addresses .............................................................................................................................. 4

- Oleg Matysin, FISU president ........................................................................................................... 4
- Johan Persson, Kalmar Municipality Council Chairman ................................................................. 5
- Sture Espwall, Swedish University Sports Federation President ..................................................... 6
- Beth Friberg, Swedish Triathlon Federation President ..................................................................... 7
- Catherine Legrand, Linnaeus University Vice president ............................................................... 8
- Philip Lind, WUCTRI Kalmar 2018 Project Leader ...................................................................... 9

Event program ................................................................................................................................. 10

- Wednesday 29th of August: Arrival day FISU officials ................................................................. 10
- Thursday 30th of August: Arrival day I for athletes ....................................................................... 10
- Friday 31st of August: Arrival day II for athletes ........................................................................... 10
- Saturday 1st of September: Race day I ......................................................................................... 10
- Sunday 2nd of September: Race day II ......................................................................................... 10
- Monday 3rd of September: Departure day .................................................................................... 10

General information .......................................................................................................................... 11

- Contact .......................................................................................................................................... 11
- Weather ......................................................................................................................................... 11
- Currency .......................................................................................................................................... 11
- Competition site ............................................................................................................................. 11
- Map Kalmar city .............................................................................................................................. 12
- Travel, Accommodation & Arrival options ..................................................................................... 12
- Meal menu & Opening hours .......................................................................................................... 13

Service for delegations ..................................................................................................................... 14

- Welcome & Information desk ....................................................................................................... 14
- Lost & found .................................................................................................................................. 14
- Laundry service .............................................................................................................................. 14
- Bicycle repair service .................................................................................................................... 15
- Medical and Emergency ................................................................................................................ 15
- Media ............................................................................................................................................ 15
- Fair play and zero tolerance to harrassments .................................................................................. 15
- Antidoping ..................................................................................................................................... 16
- Training sessions .......................................................................................................................... 16

Registration & Accreditations .......................................................................................................... 17

- Accreditation .................................................................................................................................. 17
Registration of the material ................................................................. 18
Technical meeting .............................................................................. 18
Access ............................................................................................... 18

Competition ....................................................................................... 18
Overview of the competition site ....................................................... 19
Results .............................................................................................. 19
Appeals and protest .......................................................................... 19

Ceremonies and Cultural events .......................................................... 19
Welcome to Kalmar, where you will join some of the best student athletes in the world in celebrating the FISU World University Triathlon Championship.

The International University Sports Federation (FISU) recognizes that just to be here has required many victories, some big and some small. Many of these victories will have brought results that are easy to recognize, like a winning score in a race or in a game. Others are less tangible, like finding the right balance between training and studying. All are equally important. Our work at FISU is focused on providing opportunities for students - the leaders of tomorrow - to be positively influenced by their experiences of international university sport. Whether a student emerges as a champion, is helping to organize the competitions, or attending in support of a team, we know that they can all learn essential life lessons that cannot be taught in a lecture hall or classroom.

The best athletes are those who bring single-minded determination to what they do. But before, throughout and after the competitions, FISU urges you all to take full advantage of this opportunity - to go home with memories that will last a lifetime, and perhaps even some new friends from faraway places. By taking part in the FISU World University Triathlon Championship, you will be contributing to a record-equalling programme of events across 34 different sports, some of them new to FISU. None of these events would be possible without the gracious generosity of the hosts, and I would like to extend our sincere gratitude to the National University Sports Federation of Sweden and the organizers for their excellent efforts. FISU is also grateful for the ongoing support of the International Sports Federations. Together, we aim to provide the highest level of technical excellence, both on and off the field of play. We remain convinced that the best student athletes deserve nothing less.

I am confident that the World University Championship in Kalmar will provide you every opportunity to shine, and I wish you a fair and exciting competition!
Welcome to Kalmar fellow athletes!

The Municipality of Kalmar looks forward to hosting the WUCTRI Kalmar 2018 with excitement and proudness. This sporting demonstration has over the years become a flagship event for the city and is continuously increasing the number of participants year after year, thanks to the quality of organization.

2018 will be particularly exciting due to the hosting of the International University Sports Federation (FISU) World University Championship, in which delegations from around the world will participate. This is a unique opportunity for the city of Kalmar.

On behalf of the Municipality, I wish to emphasize the implication and hard work of numerous volunteers, without whom this kind of event would never take place. As well as congratulate the organizers for the preparation of this important event.

I wish to congratulate this initiative that will offer a sports exhibition in the city of Kalmar, a party for its population, and unforgettable memories for athletes. Beyond the sporting result, I am convinced that the unique setting between lake and mountains will enchant all athletes, even if the coveted medal is not acquired. For this weekend, not only will triathlon and its technical and physical requirements be celebrated, but so will the World University Championship that brings an extra dimension, of which brotherhood, cooperation and diligence are the core values. The presence of delegations from around the world is a unique opportunity to promote our canton and offer a spectacular showcase for the triple effort sport.

I wish all participants and members of the audience great fun in living this competition, as well as a warm welcome to Kalmar

Johan Persson
Kalmar Municipality Council Chairman
Sture Espwall, Swedish University Sports Federation President

Dear Student Triathletes from all over the world!

The Swedish University Sports Federation is happy and proud to welcome you to Sweden and Kalmar. The city of Kalmar, situated in the south east of our country, is with no doubt the city of triathlon in Sweden! That means that we all will be at the right place for the 14th FISU World Championship in triathlon.

We can assure you that the FISU World University Triathlon Championship is organized on highest standards and in a manner that ensures your best performance. May these days in Kalmar also inspire you and give you all experience for upcoming races in the future. And you might also be aware of the strong triathlon tradition of Sweden, not only as a host for world class triathlon events, but also with success in the Olympics winning silver medal 2012 (Lisa Nordén).

For more than hundred years, the Swedish University Sports Federation has been promoting a balance between body and mind. Since the beginning, the local university sports clubs (today 105 of them) have promoted sports activities, both at the amateur level and the elite level. Sweden take part in the international university sports family by participating in Universiades and many of the University Championships. Excellence in body and mind also means for us that we strive to make it possible for the most talented student to combine elite sports and academic studies in Sweden. Our Federation has taken an active part in setting up the national model for dual careers in Sweden. Our Federation regularly hosts World and European University Championships in various disciplines. After these World Triathlon Championships in Kalmar we will also organize the European University Championships in Rowing 2019 in Jonkoping.

May this competition not only enable you to give your best in the water and on land but also let you make new friends from all over the world and by that, strengthen our global university sports network! We, the Swedish University Sports Federation wish you memorable days in Kalmar!

Sture Espwall
Swedish University Sports Federation President
Beth Friberg, Swedish Triathlon Federation President

Welcome to Kalmar for the FISU World University Championship in Triathlon 2018!

What a perfect place for the FISU World University Championship in Triathlon. Kalmar, a southern Swedish city with a long legacy of triathlon races and appointed several years as #1 Swedish summer city.

The WUC Championship offers a great challenge towards the international senior competitions in individual Sprint distance and in the new Olympic Game discipline, Super Sprint Relay.

Bring your friends and family and you all will enjoy a fantastic sport experience together with great cultural, food and scenic variations.

The Swedish Triathlon Federation would like to thank the organizing committees, the Municipality of Kalmar, all officials and sponsors for their help in bringing and hosting this World University Championship Triathlon 2018.

So, all you ‘todays stars tomorrows leaders’, friends, families, supporters, organizers, volunteers and media - welcome to enjoy a fun challenging race and an exciting time in Sweden! Good luck everyone!

Beth Friberg
Swedish Triathlon Federation President
Welcome to Kalmar and Linnaeus University!

Linnaeus University is a modern, international university in south-eastern Sweden. We are a young university, established only in 2010 through a merger of two higher education institutions. We are located in two different cities, Kalmar and Växjö, and the competitions will be held in Kalmar.

Kalmar campus is located in the beautiful, medieval city of Kalmar, one of our study sites, that was voted “Summer City of 2018” in a national travel guide competition. In the harbor, we are now building a new university with modern facilities suited to their purpose. Through this, the university gets a spectacular location just by the water, in the city center.

Linnaeus University offers degree programs at first-, second- and third-cycle levels, of which a third are given in English. We have been renowned for our international profile for quite some time, with partner universities in more than 60 countries. Each year, more than 2,000 international students from all over the world come to us to study. Linnaeus University Summer Academy offers an international, intercultural and interdisciplinary study environment – unique of its kind in Sweden.

Linnaeus University is a modern, comprehensive university that combines high-quality education and research to address societal challenges in close cooperation between our students, researchers and society. We strongly believe in linking education with research, as well as linking academic curiosity with applied knowledge. We offer a broad selection of courses and programs in sport science where we combine theoretic knowledge with practical understanding and action. Our research focuses, among other things, on leadership, learning, training and societal changes in relation to sports, physical activity and health. We carry out research in close collaboration with the surrounding society.

I wish you all good luck in the competitions! I also hope that you will have a rewarding and pleasant stay in our beautiful city. And, who knows, some of you might come back as students?

Catherine Legrand
Linnaeus University pro-vice chancellor
Welcome to Kalmar dear students!

It is with a great pleasure that I, along with the OC, welcome you to our Kalmar and the world university championships. We have great competitions to look forwards to, top-quality accommodation at Kalmar Stadshotel and an absolute amazing atmosphere in the air. You will encounter positive and excited local volunteers once arriving to Kalmar that will guarantee an openness and friendly environment!

I am myself a student from the local Linnaeus University and have been able to enjoy the local student-life for three years. During the first weeks of studies, which happens to be at the same time as the WUCTRI Kalmar, all students have two weeks of introduction: a period to acknowledge the new city, friends and have fun. Students will be dressed in colored overall representing their own student association and have the party and cheering mode on! The city will be buzzing! Further on, being active as president in the local student sport association, FIKS, I have also the honor of connecting many active students as volunteers from our student organization to the WUCTRI Kalmar.

For the ceremonies and cultural program, I will guarantee top quality! With a march through old town to Larmtorget the opening ceremony will take place on Friday evening. On Saturday evening a traditional Swedish cultural game is at the schedule that will invite you to find new international friends and students; across national boundaries. For the final dinner, we have a special facility with beautiful view and live music that will treat you with a memory of a lifetime. The race venue will have absolute highest standards! With Iron Man Kalmar situated at the same race arena, the tracks will include high speed, tough courses and loudly audience as the race is very central. Prepare yourself for one of your best experiences ever when racing!

Kalmar is a great city and has for four times in a row been voted as the summer-city of Sweden – it will be a pleasure to host Kalmar to you.

I wish you all the best of luck for the competitions!

Philip Lind
WUCTRI Kalmar 2018 Project manager
Event program

Wednesday 29th of August: Arrival day FISU officials

10.00-16.00 Accreditation Kalmar Stadshotell

Thursday 30th of August: Arrival day I for athletes

10.00-18.00 Accreditation and Shuttle Kalmar Stadshotell
19.00 CISCA meeting Kalmar Stadshotell
20.00 CTI meeting Kalmar Stadshotell

Friday 31st of August: Arrival day II for athletes

08.00-17.00 Accreditation Kalmar Stadshotell
13.00 VIP-activity Stortorget
14.00 Course inspection (bike/swim) Stortorget
17.00 Opening Ceremony Larmtorget (start Stortorget 16.30)
19.00 General Technical Meeting, Kalmar Stadshotell

Saturday 1st of September: Race day I

10.00 Start women individual sprint Kvarnholmen
13.00 Start men individual sprint Kvarnholmen
15.00 Medal Ceremony Larmtorget
17.00 Cultural Program Fredrikskans
19.00 Mixed Relay briefing for coaches Kalmar Stadshotell

Sunday 2nd of September: Race day II

10.00 Start Men & Women mixed team super sprint Kvarnholmen
14.00 Medal ceremony and closing ceremony Larmtorget
18.00 Dinner and closing party Kalmarsalen

Monday 3rd of September: Departure day
General information

Contact
Organizing Committee
Destination Kalmar
Kalmar
Contact@wuctrikalmar2018.com
Contact person: Philip Lind, +46 707656379 Project Manager
Contact person: Henrik Brovell, +46 709280286 Race Director

FISU, ISF & NSF Delegates
Dominque Frizza FISU Technical Delegate
Pertti Tomminen ISF Technical Delegate
Johanna Green NSF Technical Delegate

Weather
Climate in Kalmar during race days

• Temperature day: average 22.2°C (72°F) (maximum: 25°C (77°F) & minimum: 20°C (68°F)
• Temperature night: average 10.5°C (51°F) (maximum: 17.2°C (63°F) & minimum: 5°C (41°F)
• Humidity: average 53% (maxi - mum 95%, minimum 36%)
• Precipitation: average 75mm
• Wind: 7m/s average
• Time zone: CET (UTC+1); Summertime CEST (UTC+2)
• Water temperature: average 17 °C (62.6°F)

Sources: Weather Channel, YR, Statistics Sweden and SMH

Currency
SEK, Swedish crown is used in general, however, the LOC accept Euros. Debit/Credit cards are also accepted. 10 SEK is approximately 1 Euro.

Competition site
The WUCTRI Kalmar 2018 will take place in the central parts of Kalmar city; Kvarnholmen. The swimming will be done in a Baltic Sea canal, closely inherited to the city center, followed by bike along Ängöleden and eventually running in the city center.

The support area will be located at Larmtorget where the finish line is set to be. Registration and accreditation of athletes will be at Kalmar Stadshotell – the official host hotel for WUCTRI Kalmar. At this place, there will be an info desk open at your service. We strongly encourage you to familiarize yourself with the competition sites.
The organizations committee have arranged a shuttle service between Kalmar Airport and Kalmar Stadshotell as well a welcome service from Kalmar Train Station to the Hotel. Since the race arena is located just 100 meters from the hotel, there is no need for a shuttle if you arrive via the train station. However, during your stay in Kalmar, there will be shuttle service enabling you to go to Kalmar Airport.

Kalmar Stadshotell is a high-quality hotel with excellent service and will be the official host hotel for FISU representatives and athletes during the WUCTRI 2018 Kalmar while Hotel Witt, located 20 meters from Kalmar Stadshotell will be host hotel for officials, referees and volunteers. However, breakfast, lunch and dinner will only be served at Kalmar Stadshotell.

Kalmar Stadshotell
Storgatan 14
392 32 Kalmar
+46480-496900
The official FISU price of 70 Euros per person per night during the official duration of the championship, Thursday 30th of August – Monday 3rd of September, is applied. Arriving before or departing after these dates can the OC not be responsible of.

Official arrival point: Kalmar Airport & Kalmar Train Station
Welcome and info desk: Kalmar Stadshotell

Arrival by air
There will be shuttle organized transferring athletes, FISU officials, referees and officials to Kalmar Stadshotell during all time for the WUCTRI Kalmar 2018. Please, inform the LOC ahead of Your arrival and departure. You may find service for the shuttle transport at the info desk at Kalmar Stadshotell.

Arrival by train
The train station is located just 300 meters from the hotel and will not offer a regular shuttle network, however, there is a possibility to ask for a shuttle for heavy luggage. A volunteer will welcome and escort the delegation to the hotel.

Arrival by bus
Arriving by bus service, delegations will arrive to Kalmar train station and will be welcomed by a volunteer.

Arrival by own car or own bus
If the delegations choose to arrive by own car or bus, the LOC kindly ask to stop outside Kalmar Stadshotell to receive information about parking slots.

Meal menu & Opening hours
The meal schedule is made for the official arrival days and departure days; however, the host hotel restaurant has open other days as well but is not included. What follows is included in the payment of 70 Euros a day.

Thursday 30th of August

Dinner, 18.00-21.00
*Grilled salmon fillet with green asparagus, browned butter and grilled lemon, served with boiled baby potatoes / rice*
*Ground Veal patties with cream sauce, ripe lingonberries and green peas*

Friday 31st of August

Breakfast, 7.00-9.00
*Traditional Swedish breakfast*
Lunch, 12.00-14.00
*Grilled chicken thighs with stir fried vegetables, soy sauce and fried rice*
*Pasta with minced beef, cabbage and mushrooms*
Dinner, 18.30-20.30
Steamed cod fillet with white wine sauce, spinach and spring onions, served with boiled baby potatoes/rice
Beef lasagna with tomato and feta cheese salad

Saturday 1st of September

Breakfast, 7.00-9.00
Traditional Swedish breakfast
Lunch, 11.00-14.00
Beef Stroganoff with sour cream / rice
Pasta Carbonara with grated cheese
Dinner, 19.00-21.00
Grilled Beef Brisket with apple tzatziki and roasted carrots / rice
Fish casserole with tomato, fennel and saffron served with wild leek aioli and boiled baby potatoes

Sunday 2nd of September

Breakfast, 7.00-9.00
Traditional Swedish breakfast
Lunch, 12.00-15.00
Ground Lamb patties with cider sauce, wax beans and fried potatoes/rice
Pasta with smoked salmon, ruccola and ribbon cut vegetable
Dinner, 18.00-21.00
Served at the closing party at Kalmarsalen

Monday 3rd of September

Breakfast, 7.00-9.00
Traditional Swedish breakfast

Service for delegations

Welcome & Information desk
Athletes and Officials will have access to a welcome and information desk at Kalmar Stadshotell with the opening hours 8-20 Wednesday through Sunday. This will also be the place for accreditation and organizing office. The hotel reception will also be at your service, open twenty four seven.

Lost & found
Athletes and Officials may find Lost & Found items at Kalmar Stadshotell

Laundry service
There is a laundry possibility at Kalmar Stadshotell, ask the hotel reception for further information.
Bicycle repair service
Local company Cykologen will arrange bicycle repair service during the race days, Saturday and Sunday. There will be a mechanic that is on-site 9-17 for the weekend. Only equipment replacement will be charged. You find the bicycle repair at Larmtorget.

Medical and Emergency
First aid and medical assistance will be available to anyone in need of medical assistance during the hours of the competition; doctors and paramedics will be at service as well as ambulance with an emergency transfer to the local hospital, 2 km away from race center.

Emergency number in Sweden is 112. Call 114 14 for general assistance.

Consulted medical liaison Mrs. Diana Reystind, tel +46 761845424

Media
Photos will be taken during the event by WUCTRI Kalmar 2018 Official media liaison: Anna Larsson. There will also be a daily bulletin with information about each day, pictures and useful tips regarding the competitions. This is set to be published every evening at our website as well printed in the info desk.

There will also be official photos published by Fototjänster i Kalmar, a local photograph company with excellent records. You will find and be able to buy these at http://bildbank.fototjansterkalmar.se/

Fair play and zero tolerance to harrassments
We take a stand for Fair Play and we have zero tolerance to harassments at FISU World Championship Triathlon.

Fair play comprises and embodies a number of fundamental values that are not only integral to sport but relevant in everyday life. Fair competition, respect, friendship, team spirit, equality, sport without doping, respect for written and unwritten rules such as integrity,
solidarity, tolerance, care, excellence and joy, are the building blocks of fair play that we all should treat with dignity and respect. Everyone has a responsibility to promote Fair Play.

FISU follows the principles of equality in all of the Federation’s actions. FISU does not discriminate against anyone based on their race, colour, gender, language, religion, political or other opinion, national or social origin, property, birth or other statues.

Zero-tolerance to harassments means that no form of unlawful discriminatory or harassing conduct by or towards any athlete, referee, official, staff, volunteer, fans or other person at FISU World Championship in Triathlon will be tolerated. We will take action immediately if any disrespectful behavior occurs. We encourage all participants and leaders to say if they see someone else be exposed or themselves being exposed to something unacceptable. Please contact representatives in the organizing committee or from the Swedish University Sports Federation, President Mr Sture Espwall or General Secretary Ms. Cecilia Olsson.

**Antidoping**
According to the FISU regulations, tests will be conducted during the event, by Antidoping Sweden.

**Training sessions**
Kalmar Sport center will offer free indoor swimming session on Friday 10.00-12.00, bring your accreditation card for free access. The LOC aim to organize a shuttle service; however, the distance is only 1 km from the city center. Athletes will also be able to prepare bikes at Kalmar Stadshotell and go cycling along Ängöleden. For running, the LOC kindly refer to Ängöleden.
Registration & Accreditations

Accreditation

All participants and official members of the team must obtain accreditation from the International Control Commission of FISU and from the Organizing Committee (OC).

To assure quick and smooth accreditation procedure, the OC encourages all the participating countries to make all the payments in advance. We recommend that Head of Delegation for each delegation make the accreditation for the whole team.

All registered teams must check in for accreditation at the info centre upon their arrival. Participation in the events is only possible if all incurred costs are settled. A personal accreditation card with photo will be handed out at accreditation. All accredited persons must wear it at all relevant times – it must be presented for access zones which are otherwise restricted.

Required documents for the accreditation:
- Passport
- Study Certificate/ FISU Eligibility Form (Competitors)
The accreditation card is also your meal voucher and it entitles you to have breakfast, lunch and dinner at Kalmar Stadshotell.
If an accreditation card gets lost, immediately inform the Head of Delegation, who will report it to the info center. For issuing a 2nd accreditation card the OC charges a 20 Euros fee. Misuse of the accreditation card will lead to confiscation of the accreditation.

Registration of the material
Competition equipment (helmet- and bike sticker, timing chips, swimming caps) will be distributed beforehand the race. Delegations are responsible for each athlete’s equipment are on site before start and after the race. Please, arrive with your bike at least 2 hours before race start. This will be done at the Kalmar Stadshotell.

Technical meeting
On Friday 31st of August 19.00-20.00 General Technical Meeting will take place at Kalmar Stadshotell. The meeting is open for 2 persons per delegation and we recommend that Head of Delegation and one coach or athlete attend. The meeting is mandatory for all delegations.

Access
WUCTRI Kalmar 2018 race access hours

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>T-2 hours</td>
<td>Opening of the athlete’s lounge</td>
</tr>
<tr>
<td>T-1 hours</td>
<td>Opening of the transition zone</td>
</tr>
<tr>
<td>T-15 min</td>
<td>Closing of the athlete lounge and transitions</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time to start</td>
<td>Start of the race</td>
</tr>
<tr>
<td>T+3 hours</td>
<td>Deadline of removing belongings from the transitions area</td>
</tr>
</tbody>
</table>

Competition
The men and women WUC competitions are organized and managed according to the rules established by ITU, international Triathlon Union. The center of the competition is located at Larmtorget.

Overlapped athletes and teams will not be disqualified on sprint and team relay. They will be allowed to continue their race.

Individual race sprint: 750 m swimming, 20 km cycling and 5 km running
Mixed Team Super sprint: 250 m swimming, 5 km cycling and 2 km running.

On Saturday 1st of September, after the mixed relay briefing (19.00-19.30 at Kalmar Stadshotel) for coaches, the countries shall register which athlete they have picked for their relay team and we will make the FISU teams (mixed teams from different countries) We allow the countries to amend their team 2 hours before the start, means Sunday 2nd of September at lasts 8.00. FISU teams won’t be ranked (no podium), only for fun. Only 1 team/nation on the podium.
Overview of the competition site

*The racing course may be changed, an updated racing course will be shown upon arrival

Blue: swim
Purple: cycling
Green: running

Red: closed for public traffic
Orange: New directives for public traffic

Results
Results will be published at our official website, www.wuctrikalmar2018.com

Appeals and protest
An appeal is a request to review a decision made by a referee, the Competition Jury or any person employed by the ITU. The procedural details and the appeal form is available in chapter 13 of the document "ITU Competition Rules"

A protest is filed to denounce the conduct of an athlete, a Technical Official, or the conditions under which the competition took place. Procedural details are available in chapter 12 of the document "ITU Competition Rules"

Ceremonies and Cultural events
Opening Ceremony 31st of August 17.00
Opening ceremony will be held at Larmtorget, 17.00-18.30, on Friday the 31st of August. The ceremony will begin with a parade through Storgatan starting at Stortorget, just outside the
hotel. Athletes will have to gather 16.30 to prepare the parade and wear national uniforms. Each delegation will receive their own national flag for the parade. During the ceremony, an oath will be sworn, speaks to be done and hoisting of the national flags. This is the official opening of the competitions.

**Medal Ceremony 1st of September 15.00 and 2nd of September 14.00**

Medal ceremony will be held at Larmtorget after each race. Here, the top three of the race will be rewarded a medal for their athletic performance. On Saturday, the medal ceremony starts 15.00 and on Sunday 14.00.

Closing ceremony will be done direct after the medal ceremony on Sunday and conclude the end of the competitions. This will be done at Larmtorget 14.30.

**Cultural events 31st of August 13.00 and 1st of September 17.00**

Officials and FISU representative activity during Friday 31st of August. The cultural events start at Stortorget 13.00 and will include a walk to the new university in the beautiful harbor of Kalmar. This tour is set to be finished at 15.00.

Cultural program is set to be at Fredriskans, 17.00-19.00 on Saturday 1st of September. There will be a traditional Swedish game together with a student association.

**Closing party 2nd of September 18.00**

Closing party will be held at Kalmarsalen, 18.00-21.00 on Sunday the 2nd of September. Athletes, officials and volunteers will enjoy music, excellent food and a magnificent view while saying goodbye to newly meet friends.